



PENNSYLVANIA
**SENIOR
GAMES**
2012

General Information

HERSHEY / HARRISBURG, PA JULY 23-29, 2012

ELIGIBILITY

In 2012, the Pennsylvania Senior Games will be open to all states. Athletes who will be 50 years of age or older as of December 31, 2012 may participate. Age groups are 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90-94, 95-99, and 100+ for both males and females.

Open State Policy: The Pennsylvania Senior Games will permit out-of-state residents to participate in the 2012 PSG competition. If an out-of-state resident qualifies for National Senior Games Association (NSGA) competition he/she will not take away qualifying spot from a state resident. Doubles and mixed doubles teams which have individuals from 2 different states will be considered an out-of state team. Out-of-state qualifying follows the rules prescribed by the NSGA.

If a (Basketball, Softball, or Volleyball) team from out-of-state qualifies for NSGA competition, that team will not take away a qualifying spot from a Pennsylvania (PA) resident team unless the PA team determines they will not utilize that position.

The Pennsylvania Senior Games reserves the right to cancel or consolidate events where such action is warranted. Athletes must compete to be eligible for a medal. The age division of doubles teams is determined by the age of the younger partner.

NATIONAL SENIOR GAMES

2012 is a qualifying year for the 2013 National Senior Games that will take place in Cleveland, OH July 21-August 5, 2013. Not all PSG sports are contested at the National Senior Games. Please check sport text for qualifying events.

ENTRY PROCEDURE

There will be two ways to enter the PA Senior Games in 2012, mailing the entry form and payment into the office and online registration. Application deadline is July 6, 2012.

- If registering by mail, A \$60.00 nonrefundable registration fee must be included with each entry form.
- If registering online, A \$50.00 nonrefundable registration fee will be charge to your credit card.
- Late Entry Fee - after July 6, \$10.00 will be added to the registration fee for a nonrefundable entry fee.
- NO applications will be accepted after July 13, 2012.
- Each person registering must complete the entire entry form.
- Entry forms and checks are to be sent to Pennsylvania Senior Games, c/o Keystone State Games, PO Box 1166 Wilkes-Barre, PA 18703.
- Each participant will receive a Confirmation Notice (email or mail) that will indicate his/her events. IT IS THE RESPONSIBILITY OF EACH PARTICIPANT TO CHECK THEIR CONFIRMATION NOTICE FOR ERRORS.

CONFLICTS AND GROUP SPORTS

With the numerous competitions offered in the PA Senior Games, conflicts in scheduling will arise. It is responsibility of each athlete to enter events that will not conflict in time and location. No time allowance will be guaranteed.

GROUP A AND GROUP B SPORTS are progressive sports or tournament sports, which require athletes to advance by winning. Careful scheduling is required for advance play to allow proper rest between competitions. Athletes must be able and ready to compete so as not to delay the schedule. Events will not be delayed if participants are competing elsewhere.
Athletes may compete in one sport from Group A and one sport from Group B.

- ▶ **GROUP A SPORTS:** Darts, Shuffleboard, Tennis
- ▶ **GROUP B SPORTS:** Badminton, Bocce, Horseshoes, Table Tennis
- ▶ **GROUP C SPORTS** are classified as either drop-in or 1-time sports. Drop-in sports allow athletes to choose from different scheduled times and compete at their own convenience, where times/scores are recorded for later comparisons. One-time sports are scheduled at a specific time due to extensive set-up and staff requirements.

Athletes May Compete in a Maximum of Six Sports From Group C providing there are no conflicts of sport events.

Drop-In Sports: Basketball: Foul Shooting/Hot Shot/3-Point, Football and Softball Throw.

One-Time Sports: Archery, Basketball- "21", Bowling, Golf, Racquetball, Pickle Ball, Disc Golf, Swimming (unlimited entry into events), and Track & Field (unlimited entry).

Team Sports: Basketball 3v3, Softball, and Volleyball. National Senior Games *only* allows an athlete to qualify in two team sports.

DONATIONS

We encourage you to support the Pennsylvania Senior Games with a donation of your choice. Please earmark your donation to one of the three areas on the registration page. You may include your donation with your entry or enclose a separate check. Thank you for your continued support of the Pennsylvania Senior Games.

MEDICAL

The medical information form is required of everyone registering for the Pennsylvania Senior Games and must accompany the registration form.

SPORT INFORMATION

Refer to entry information section for sport description. From each group below select the sports and events in which you wish to compete. Write the name and age of your partner or fellow team members on the line provided where applicable. If no events are listed under a sport, then there is only a singles competition in that sport. Please choose events that will fit into your schedule as to avoid conflicts.

Group A: Check only ONE (1) sport, then check the event (s) of that sport in which you wish to compete.

- DARTS** Group A
- Singles _____
- Doubles _____
- Mixed Doubles _____
-
- SHUFFLEBOARD** Group A
- Singles _____
- Doubles _____
-
- TENNIS** Group A
- Singles _____
- Doubles _____
- Mixed Doubles _____

Group B: Check only ONE (1) sport, then check the event (s) of that sport in which you wish to compete.

- BADMINTON** Group B
- Singles _____
- Doubles _____
- Mixed Doubles _____
-
- BOCCE** Group B
-
- HORSESHOES** Group B
- Singles _____
- Doubles _____
-
- TABLE TENNIS** Group B
- Singles _____
- Doubles _____
- Mixed Doubles _____

Group C: Check a maximum of six (6) sports, then check the event(s) of that sport in which you wish to compete. Volleyball Team does not count towards your 6 sports.

- ARCHERY** Group C
- Barebow Compound
- Barebow Recurve
- Compound Bow (Aid Release)
- Compound Bow (Finger Release)
- Conventional Bow
-
- BASKETBALL** Group C
- 3-Point "21" Foul Shooting Hot Shot
-
- BASKETBALL TOURNAMENT** Group C
- _____
- Team Name and Captain's Name**
-
- DISC GOLF** Group C
-
- PICKLE BALL Doubles (Male or Female)** Group C

BOWLING Group C

Squad Time

- Singles _____
- Doubles _____
- Mixed Doubles _____

FOOTBALL THROW/SOFTBALL THROW Group C

GOLF (18 HOLE REGULATION) Group C

(\$25.00 Green FEE Due on Site)

- Partner: _____
- Partner: _____
- Partner: _____
-

RACQUETBALL Group C

- Singles _____
- Doubles _____
-

SWIMMING (Unlimited events) Group C

Seed Time

- | | | |
|------------------------------------|-------|---------------------|
| <input type="checkbox"/> Event #1 | _____ | 200 yd IM |
| <input type="checkbox"/> Event #2 | _____ | 50 yd Freestyle |
| <input type="checkbox"/> Event #3 | _____ | 50 yd Breaststroke |
| <input type="checkbox"/> Event #4 | _____ | 100 yd Backstroke |
| <input type="checkbox"/> Event #5 | _____ | 100 yd Butterfly |
| <input type="checkbox"/> Event #6 | _____ | 500 yd Freestyle |
| <input type="checkbox"/> Event #7 | _____ | 200 yd Breaststroke |
| <input type="checkbox"/> Event #8 | _____ | 200 yd Backstroke |
| <input type="checkbox"/> Event #9 | _____ | 100 yd Freestyle |
| <input type="checkbox"/> Event #10 | _____ | 100 yd Breaststroke |
| <input type="checkbox"/> Event #11 | _____ | 50 yd Backstroke |
| <input type="checkbox"/> Event #12 | _____ | 50 yd Butterfly |
| <input type="checkbox"/> Event #13 | _____ | 100 yd IM |
| <input type="checkbox"/> Event #14 | _____ | 200 yd Freestyle |
-

TRACK & FIELD (Unlimited events) Group C

- | | |
|--|--|
| <input type="checkbox"/> 100m Dash Women | <input type="checkbox"/> Long Jump Women |
| <input type="checkbox"/> 100m Dash Men | <input type="checkbox"/> Long Jump Men |
| <input type="checkbox"/> 200m Dash Women | <input type="checkbox"/> Shot Put Women |
| <input type="checkbox"/> 200m Dash Men | <input type="checkbox"/> Shot Put Men |
| <input type="checkbox"/> 400m Dash Women | <input type="checkbox"/> Discus-Women |
| <input type="checkbox"/> 400m Dash Men | <input type="checkbox"/> Discus-Men |
| <input type="checkbox"/> 800m Dash Women | <input type="checkbox"/> 1500m Walk Women |
| <input type="checkbox"/> 800m Dash Men | <input type="checkbox"/> 1500m Walk Men |
| <input type="checkbox"/> 1500m Run Women | <input type="checkbox"/> 5000m Race Walk Women |
| <input type="checkbox"/> 1500m Run Men | <input type="checkbox"/> 5000m Race Walk Men |
| <input type="checkbox"/> 5000m Run Women | <input type="checkbox"/> 10000m Run Women |
| <input type="checkbox"/> 5000m Run Men | <input type="checkbox"/> High Jump Women |
| <input type="checkbox"/> 10000m Run Men | <input type="checkbox"/> High Jump Men |

The following events in Track & Field will be contested during the Keystone Summer Games Track Meet on August 3-5: Pole Vault, Javelin, Hammer, & Triple Jump. Athletes may qualify for PSG track events at both events in 2012.

VOLLEYBALL TOURNAMENT (See Info on Page 6)

Team Name and Captain's Name

PENNSYLVANIA SENIOR GAMES

MEDICAL INFORMATION

THIS FORM MUST BE COMPLETED BY ALL PARTICIPANTS

PLEASE COMPLETE THIS FORM WITH YOUR MOST RECENT MEDICAL INFORMATION. THIS FORM MUST BE KEPT ATTACHED TO THE ENTRY FORM AND RECEIVED BY THE KEYSTONE STATE GAMES OFFICE BY JULY 6, 2012. **NO ONE WILL BE ALLOWED TO COMPETE WITHOUT THE COMPLETED MEDICAL FORM.** PLEASE PRINT OR TYPE ALL INFORMATION.

NAME _____ AGE _____

(AS OF 12/31/12)

ADDRESS _____ GENDER Female Male

PHONE/CELL _____ EMERGENCY CONTACT NAME _____

E-MAIL _____ EMERGENCY CONTACT PHONE _____

WILL EMERGENCY CONTACT BE AT THE COMPETITION? Yes No

PLEASE CHECK ANY KNOWN MEDICAL CONDITIONS:

Asthma	<input type="checkbox"/> Yes <input type="checkbox"/> No	Hernia	<input type="checkbox"/> Yes <input type="checkbox"/> No
Bladder/Bowel Problems	<input type="checkbox"/> Yes <input type="checkbox"/> No	Indigestion	<input type="checkbox"/> Yes <input type="checkbox"/> No
Chest Discomfort When Exercising	<input type="checkbox"/> Yes <input type="checkbox"/> No	Joint Pain	<input type="checkbox"/> Yes <input type="checkbox"/> No
Chest Pains	<input type="checkbox"/> Yes <input type="checkbox"/> No	Leg Pain On Walking	<input type="checkbox"/> Yes <input type="checkbox"/> No
Diabetes	<input type="checkbox"/> Yes <input type="checkbox"/> No	Low Back Pain	<input type="checkbox"/> Yes <input type="checkbox"/> No
Difficulty in Hearing	<input type="checkbox"/> Yes <input type="checkbox"/> No	Lung Disease	<input type="checkbox"/> Yes <input type="checkbox"/> No
Difficulty in Seeing	<input type="checkbox"/> Yes <input type="checkbox"/> No	Osteoporosis	<input type="checkbox"/> Yes <input type="checkbox"/> No
Drug Allergies (List Below)	<input type="checkbox"/> Yes <input type="checkbox"/> No	Passing Out Spells	<input type="checkbox"/> Yes <input type="checkbox"/> No
Heart Condition	<input type="checkbox"/> Yes <input type="checkbox"/> No	Shortness of Breath	<input type="checkbox"/> Yes <input type="checkbox"/> No

CURRENT MEDICATIONS _____

LIST DRUG ALLERGIES _____

ARE YOU ALLERGIC TO BEE STINGS? _____

DATE OF MOST RECENT MEDICAL EXAMINATION _____

DOCTOR'S NAME _____ PHONE _____

I ATTEST THAT THE ABOVE INFORMATION IS CORRECT

PARTICIPANT'S SIGNATURE _____ DATE _____

THIS IS A RELEASE WAIVER—AMATEUR ATHLETIC WAIVER AND RELEASE OF LIABILITY

In consideration of being allowed to participate in any way in the PENNSYLVANIA SENIOR GAMES c/o KEYSTONE STATE GAMES, INC. athletic / sports program, related events and activities, the undersigned acknowledges, appreciates, and agrees that:

1. The risk of injury from the activities involved in this program is significant, including the potential for permanent paralysis and death, and while particular rules, equipment, and personal discipline may reduce this risk, the risk of serious injury does exist; and,
2. I KNOWINGLY AND FREELY ASSUME ALL SUCH RISKS, both known and unknown, EVEN IF ARISING FROM THE NEGLIGENCE OF THE RELEASEES or others, and assume full responsibility for my participation; and,
3. I willingly agree to comply with the stated and customary terms and conditions for participation. If however I observe any unusual significant hazard during my presence or participation, I will remove myself from participation and bring such to the attention of the nearest official immediately; and,
4. I, for myself and on behalf of my heirs, assigns, personal representatives and next of kin, HEREBY RELEASE AND HOLD HARMLESS THE PENNSYLVANIA SENIOR GAMES c/o KEYSTONE STATE GAMES, INC., their officers, officials, agents and / or employees, other participants, SPONSORING agencies, sponsors, advertisers, and, if applicable, owners and lessors of premises used to conduct the event ("Releasees"), WITH RESPECT TO ANY AND ALL INJURY, DISABILITY loss or damage to person or property, WHETHER ARISING FROM NEGLIGENCE OF THE RELEASEES OR OTHERWISE.
5. I, the undersigned, declare on my honor that I am an amateur and agree to follow the rules of the Keystone State Games, obey my coach(es) / team leader(s), tournament officials, and directors. I am in good physical condition and have no disease or injury that would impair my doing my best in competition.
6. I hereby authorize any first aid, medication, medical treatment, or surgery deemed necessary in case of an emergency. I also authorize the attending medical personnel to execute on my behalf any permission forms and other appropriate medical documents and act on my behalf if I am not immediately available to do so.
7. I hereby consent to allow my picture or likeness to appear in any official document, sponsor advertisement, and/or exclusive television coverage of the Pennsylvania Senior Games in any manner incidental to my participation in the Pennsylvania Senior Games without compensation to me.
8. Signature is on the Application Page

PENNSYLVANIA COUNTY CODE LISTING FOR APPLICATION					
00 - OUT OF STATE	12 - CAMERON	24 - ELK	36 - LANCASTER	48 - NORTHAMPTON	60 - UNION
01 - ADAMS	13 - CARBON	25 - ERIE	37 - LAWRENCE	49 - NORTHUMBERLAND	61 - VENANGO
02 - ALLEGHENY	14 - CENTRE	26 - FAYETTE	38 - LEBANON	50 - PERRY	62 - WARREN
03 - ARMSTRONG	15 - CHESTER	27 - FOREST	39 - LEHIGH	51 - PHILADELPHIA	63 - WASHINGTON
04 - BEAVER	16 - CLARION	28 - FRANKLIN	40 - LUZERNE	52 - PIKE	64 - WAYNE
05 - BEDFORD	17 - CLEARFIELD	29 - FULTON	41 - LYCOMING	53 - POTTER	65 - WESTMORELAND
06 - BERKS	18 - CLINTON	30 - GREENE	42 - McKEAN	54 - SCHUYLKILL	66 - WYOMING
07 - BLAIR	19 - COLUMBIA	31 - HUNTINGDON	43 - MERCER	55 - SNYDER	67 - YORK
08 - BRADFORD	20 - CRAWFORD	32 - INDIANA	44 - MIFFLIN	56 - SOMERSET	
09 - BUCKS	21 - CUMBERLAND	33 - JEFFERSON	45 - MONROE	57 - SULLIVAN	
10 - BUTLER	22 - DAUPHIN	34 - JUNIATA	46 - MONTGOMERY	58 - SUSQUEHANNA	
11 - CAMBRIA	23 - DELAWARE	35 - LACKAWANNA	47 - MONTOUR	59 - TIOGA	

REGISTRATION INFORMATION

REGISTRATION HOURS FOR SENIOR GAMES WEEK OF JULY 23-29, 2012—Will Be Announced Shortly

REGISTER ONLINE AND SAVE!

ONLINE REGISTRATION

Register online and not only save time but save money!!! Online registration is only \$50.00—that's a savings of \$10.00!!!

CONTACT INFORMATION

PA Senior Games • PO Box 1166, Wilkes-Barre, PA 18703 • 570-823-3164 • www.keystonegames.com

Volley Ball Tournament Information

Schedule

Saturday, July 24	8:00am Warm-up—Male
	9:00am Competition—Male
Sunday, July 25	9:00am Warm-up—Female
	10:00am Competition-Female

Entry Regulations

- **Team entry fee of \$200.00 (If all members are registering for other sports and are all paying the \$50.00 Entry fee, then there is no additional team fee)**
- **Captains must submit applications and a roster with players names and birth dates by July 2nd, 2012**
- **Each team member must fill out a PA Senior Games Application, making sure the correct team name and captain's name are on the application.**
- **One Name per Team**
- **There is a 15 player roster limit with coaches and managers included.**
- **If you are only playing Volleyball and someone else is paying the Team Fee, please indicate this on your application**